

Worship OPPORTUNITIES

Sunday, November 8

Twenty-third Sunday after Pentecost

Worship

10 a.m.

Church Street's YouTube Channel

[Youtube.com/ChurchStreetUMC](https://www.youtube.com/ChurchStreetUMC)

Rev. Catherine Clark Nance

Joshua 24:1-3a, 14-25

"Make Me a Channel of Your Peace"
Sebastian Temple, setting Jane Holstein
Youth Choir Ensemble

HAPPENING AT CHURCH STREET

Thanksgiving Baskets - 2020

Each November, Church Street tackles a Thanksgiving Basket project that spreads joy to all those involved. For many, it has become a beloved tradition and a kick-off to the holiday season. With the challenges we face in the midst of the current pandemic, this event is going to take on a new form this fall. But we are thrilled to announce that Thanksgiving Baskets are a GO!

Rather than having a one-day blitz, we are spreading the project out over a week, offering us the chance to safely follow protocol while still serving our community (schedule at right).

If you are interested in participating in this project, please scan the QR code to sign up for a shift! We are limiting the number of households at each shift to ensure the safety of all participants. This event takes a lot of hands to make everything run smoothly. If you would like to support this project financially, you can do so by donating directly to the "Thanksgiving Basket" item at churchstreetumc.org/give. The cost for one basket is \$55, but any amount will make a huge difference in this project! We can't wait for you to join us as we serve the Knoxville community together!



THANKSGIVING BASKETS SCHEDULE

Sunday, Nov. 15
Food pick-up at Kroger,
prepping & organizing at
Church Street

*Monday, Nov. 16 thru
Thursday, Nov. 19*
Food Packing at Church
Street

Friday, Nov. 20
Food distribution 1
(Wesley House and
Beacon of Hope)

Saturday, Nov. 21
Food distribution 2
(pick-ups in Magnolia Lot)

MISSION COLLECTION DAY - SATURDAY, NOV. 7

Church Street will hold another Missions Collection Day on **Saturday, November 7 in the Youth parking lot area** (W. Hill Avenue and Poplar Street). This is a drop-off event, and you may drive-up any time between 9 am and 12 pm, where a volunteer will unload your items. Here is a list of needed materials for three ministries. **NOTE:** Please take any clothing donations to KARM and tell them to connect the donation to Church Street UMC.

Beacon of Hope Needs

Kroger Gift Cards for Meat and Milk
Coffee/Hot Chocolate
Canned Pasta Sauce
Canned Ravioli/Chili/Spaghetti
Jelly/Syrup
Breakfast Foods
Small Heaters
Blankets/Throws

Toilet Paper
Laundry Detergent
Diapers (Sizes 1-6)
Used Baby Equipment
(strollers, car seats, etc.)
Cleaning Supplies
Toiletries
No clothing accepted at this time

Wesley House Needs

Soaps
Toilet Paper
Paper Towels
Canned Foods
Peanut Butter

Soup Kitchen Needs

Fruit Cups
Water Bottles /
Water Bottle Pallets
Granola Bars
Juice Boxes

All are Welcome at Church Street!

We believe every person is of sacred worth and created in God's image. We welcome and celebrate the gifts God has given to all persons without regard to race, color, national origin, ethnicity, age, gender, disability, status, economic condition, sexual orientation, gender identity, or religious affiliation. We respect diversity of opinion and expressions of Christian faith. We believe God loves everyone unconditionally! As God loves us, so let us love and serve in the name of Christ.

CALENDAR

All meetings are on Zoom, unless otherwise indicated.

Sunday School Classes:

Open Doors: Sundays, 9 am

Partners: Sundays, 9 am

Followers: Sundays, 9:30 am

Epworth: Sundays, 10:30 am

Seekers: Sundays, 11 am

Crossroads: Sundays, 11 am

(Isuters@tntech.edu)

Breakfast w/ Ms. Katryn and Friends:

Sundays, 9 am

Friends in Christ: Monday, 11/9, 7:30 pm

Upcoming Events:

Circle 10 Zoom: Tuesday, 11/10, 10 am

Circle 12 Zoom: Tuesday, 11/10, 10:30 am

UMW In Remembrance Service

(Zoom): Tuesday, 11/10, 11 am

Congregational Care Zoom: Tuesday, 11/10, 6 pm

Trustees Zoom: Wednesday, 11/11, 5:30 pm

Circle 11 Zoom: Wednesday, 11/11, 7 pm

Ongoing Meetings:

Confirmation Class: Sundays, 11 am

Kinder Choir: Sundays, 11 am

Primary & Chorister Choirs:

Sundays, 3:30 pm

Paul & Prisons Study:

Sundays, 4 pm

Youth Choir: Sundays, 4:15 pm

NightLife & Youth Office Hours:

Sundays, beginning at 5 pm

Disciple Fast Track Study:

Tuesdays, 6:30 pm

Parenting in the Pew Study:

Tuesdays, 8 pm

Parish Adult Choir: Wednesdays, 7 pm

Soup Kitchen: Thursdays, 11 am,

Welcome Center / Magnolia

Parking Lot

Please contact Kate Spencer at kspencer@churchstreetumc.org for more information and assistance in setting up your Zoom meeting. If you need help for your upcoming Zoom meeting, our staff is happy to help you.



Master Arts Series Piano Dedication

Please join the Church Street Master Arts Series on YouTube Wednesday, November 18 at 7:30 pm for a virtual Parish Hall Piano Dedication recital. The newly renovated Parish Hall now boasts a beautiful Kawai grand piano given by Verna McLain, in honor of her husband, Herman Sain. Fay Adams, David and Stephanie Northington, and Edie Johnson will play hymn-based works as well as classical pieces by Rachmaninoff, Chopin, Brahms, and Mozart. We hope you will tune in on November 18!

Celebrating Our Great 90s!

Happy birthday to **Jean Murdock**, who celebrates a birthday on November 28!

Beacon of Hope Drive-Thru Halloween Trick-or-Treating

On Friday, October 30, our BOH volunteers prepared goodie bags for children in the Vestal community. Enjoy the sweet photos of scary costumes from the event!



Coffee with the Pastors

If you are new to Church Street or have been joining us for virtual worship during 2020, we invite you to an informational and informal virtual "Coffee with the Pastors" (and other special guests) to learn more about Church Street UMC. This casual time together will be an opportunity to connect with Church Street members and clergy, learn more about mission and ministry at Church Street and ask questions about becoming fully connected to this church family. If you or someone you know would like to participate, please contact Rev. Tim Best (tbest@churchstreetumc.org).

Details: Sunday, November 22, 3 pm (lasts approximately 40 minutes), via Zoom.

Journeying Forward

Over the next few months, we will highlight portions of *Unfinished Journey* and its contents as it describes the journey of Church Street, its people, its challenges, and its successes and failures placed in the context of two centuries of American history. It is a journey far from completed, a story still in the process of being told. Article seventeen is below.

Aftermath of the Civil War and the Methodist Disunion

In his *History of Methodism in Holston Conference*, Rev.

I.P. Martin described the scene in East Tennessee in 1866: "It was possible to enumerate the casualties of war in dead and wounded, and to compute the destruction of property in every part of the land; but who could compute the moral casualties and spiritual losses of war? Hatred, fear, mistrust, cruelty, loss of confidence, and the crushing of sympathy were worse than anything wrought on the battlefield or by the fire of incendiary. No institution, social, civil, or religious, had escaped the devastating touch of war. In few places had greater havoc been wrought than in East Tennessee and in East Tennessee, no other church had been so deeply wounded as the Methodist Church."



The Hymn Board Angel shares a look of censure.

The South did not regain its antebellum prosperity and development for decades. Knoxvilleians saw the destruction of many of its homes, schools, and churches. Few trees existed within two miles of the city. Knoxville finally restored full water and gas services in 1870. Ex-Confederates could not vote, and ex-slaves were given suffrage. Many Union soldiers returned to begin their careers in Knoxville because of its position as a potential commercial distribution center.

Knoxville witnessed its historic manufacturing boom (100 new factories) between 1880 and 1887. The factories used coal for fuel, increasing the atmospheric soot and building grime. Meanwhile, the black members of the Holston area churches changed to the MEC, some to the AME Zion, and some left the region altogether. By 1880, black churches recorded a membership of 2,760. This segregation persisted until the Methodist uniting in 1939.

In February 1867, the congregation formally thanked the First Presbyterian Church for allowing the use of their church for worship until they built their temporary building. They occupied the new plain building on Church Street a few months later. During this period, there was intense competition between the two Holston Conferences (MEC and MEC, South), and, as they fought court battles over ownership of land and buildings, neither side offered a compromise.

- Dwight Wade, Jr., MD, Author of *Unfinished Journey*

UMW NEWS

United Methodist Women

In Remembrance Service:

Tuesday, Nov. 10 at 11 am on Zoom

The service will be different this year because we will be celebrating virtually. As we remember the difference these women have made in our lives, our church, and in our United Methodist Women, there is much they can teach us about resilience in the challenges and changes of our present.

Please join us as we remember:

Lorna (Sugar) Adcock

Jeannine Alley

Carolyn Bailey

Mary Carmichael

Norma Goff

Grace Lewis

Jacqueline Newman

Sherrie Russell

Shirley Stanberry

Dottie Winfrey

The message for this special service will be given by Rev. Andy Ferguson. All are invited to attend this virtual service.

Zoom Details:

<http://bit.ly/umwremember20>

(case-sensitive)

Password: 230149

Dial in by phone: 1-929-436-2866

Meeting ID: 852 2137 0646

UMW Bake Sale

Hurry hurry! Items are flying off the online order form, but several delicious treats remain available, as well as several non-food gift items, like quilts, mini-



quilts called "quillows" and the Church Street Parish Adult Choir's Messiah Part 1 CD, among other items. All ordering this year is online, and we will observe a safe drive-thru pick up event of bake sale and service circle sale items on Sunday, November 22, from 2-4 pm in the Magnolia Parking Lot / Welcome Center awning.

Scan the QR code above to order and pay before the pick-up event by check mailed to the church office OR online at churchstreetumc.org/give and adding your total into the UMW Bake Sale line item.

Our Prayers

Recently Hospitalized:

Janice Harmer

In the Hospital:

Barbara Paulson: Parkwest

Our Presence

November 1

Sunday Worship 425
425 screens were tuned in to our online worship service on Sunday. As of printing, the worship service had been viewed 625 times.

Our Gifts

November 1

Contributions toward Budget	\$22,668.00
Building Fund	\$485.00
Other	\$7,118.00



Altar Flowers

The Chancel Altar Flowers are given in loving memory of Dorothy Bishop by her family.

Giving Securely Online or Give Plus App

It's easier than ever to tithe and give to Church Street. In three steps, you can download, set up, and give directly from a secure mobile giving app. Please search for the GivePlus app in your App Store or Google Play, select Church Street UMC, and begin your donation.

Memorials

In memory of:

- **Lorna "Sugar" Adcock**
Building Fund: Claire Shepherd, George & Lou McNutt
Soup Kitchen: Kathy Dingess
- **Jeannine Alley**
Gardens Fund: Anne Trent
- **Rev. Larry Best**
Building Fund: Mazel Andrews
- **Wallace Clendenen**
Building Fund: Bill Barkley & Pat Rule
- **Dr. David Craig**
Gardens Fund: Anne Trent
- **Norma Goff**
Beacon of Hope: Bill Barkley & Pat Rule
- **Bobby Humphrey**
Beacon of Hope: Bill Barkley & Pat Rule
- **Jacqueline Newman**
Building Fund: Claire Shepherd
- **Dottie Winfrey**
Building Fund: Claire Shepherd
- **Frances Wooten**
Building Fund: George & Lou McNutt
- **Clatty Word**
Building Fund: George & Lou McNutt, Bill Barkley & Pat Rule

Honorariums

In honor of:

- **David Collins**
Youth Fund: Mary Kirby Collins

LECTIONARY READINGS

November 8

Twenty-third Sunday of Pentecost

Joshua 24:1-3a, 14-25
Wisdom of Solomon 6:12-16
1 Thessalonians 4:13-18
Matthew 25:1-13

Contact Us

Church Office [\(865\) 524-3048](tel:8655243048)
Fax number (865) 521-0288

Pastor On-Call Number [\(865\) 320-9100](tel:8653209100)

For emergencies, call the On-Call Number and the pastor on call will answer or you may leave a message and the pastor will return your call.

www.churchstreetumc.org

Find us on

Facebook: [@csumcknoxville](https://www.facebook.com/csumcknoxville)

Twitter: [@ChurchStreetUMC](https://twitter.com/ChurchStreetUMC)

Instagram: [churchstreetumc](https://www.instagram.com/churchstreetumc)

[YouTube.com/ChurchStreetUMC](https://www.youtube.com/ChurchStreetUMC)

Staff Directory

Dial 521-0 + extension

Senior Pastor	Catherine Clark Nance-260
Senior Associate Pastor	Tim Best-279
Associate Pastor	Palmer Cantler-298
Minister of Spiritual Enrichment	Jan Wade-264
Visitation Pastors	
	Rev. Andy Ferguson: 865-806-0086
	Rev. Pat Clendenen: 865-406-3854
Director of Music Ministries	Tim Ward-276
Music Associate/Organist	Edie Johnson-277
Children's Ministry	Katryn Bancroft-282
Child Care Coordinator	
	Sarah Burtch: 865-567-0913
Youth/College Ministries	Jenny Cross-287
Preschool Director	Beth Libby: 865-524-3511
Church Administrator	Kate Spencer-268
Bookkeeper	Francine Jenne-267
Administrative Assistant	Kelly Woods-262
Executive Secretary	Doris Lively-271
Receptionist	Nancy Keen-270
Part-time Secretary	Eileen Weber-278
Maintenance Supervisor	Keith Bailey-295
Head Custodian	Jeffery Rose-274
Custodians:	Dedra Ellison, Robin Crain, Kevin Bailey, Jacob Jenne
Beacon of Hope	Dona McConnell: 599-5047
Director of Communications	Katie Strangis -299
Digital Media Specialist	Kylie Hubbard -299



PO Box 1303
900 HENLEY AT MAIN
KNOXVILLE, TN 37901

Missed Doses

WHAT TO DO IF YOU MISS A DOSE OF YOUR MEDICINE

Improving compliance was the focus of last month's article. Despite best efforts there are still occasions when a dose may be missed due to unforeseen circumstances. Printed information dispensed with every medication contains a section labeled "What should I do if I forget a dose?" It is very important to consult this information when you discover a missed dose. If you don't keep the printed information it is easily found online.



The recommendation for a long acting medication, or one that stays in the body for a longer period of time, will usually be to skip it and resume with next scheduled dose. For other meds it may be to take a missed dose when remembered if not too close to time for next dose. But what is considered too close? In this situation, I suggest you think about:

- How much time has passed, how many doses are taken each day, and when is next dose due?
- What is it for and what could happen if you miss a dose? (A medication for seizures or a blood thinner to prevent a stroke may have greater implications than one dose of a blood pressure medicine.)

The following options are then available:

1. **Take the dose when remembered and resume regular schedule with next dose.**

Several sources recommend this option if the dose is no more than 2 to 4 hours late, depending on when the next dose is due.

2. **Take the medication when remembered then stagger next doses to get back on schedule.**

Additional assistance is suggested if this option is used since several variables should be considered when designing a plan. Call your pharmacist for input.

3. **Skip the dose and resume with the next scheduled dose.**

DO NOT double the next dose to make up for a missed dose unless instructed to do so by your healthcare provider. Birth control pills are the one exception. It is appropriate to take the missed dose with the next dose in this case and also use an additional method of contraception for the next 7 days.

Be honest with your healthcare provider about missed doses, especially if a blood level is used to monitor the medication. This information is helpful when making decisions about medication adjustments.

These are very general guidelines because best options can vary greatly depending on the medication, dosing interval, and your medical conditions. Have the information before it happens or call a healthcare provider for assistance!

If it becomes more than a rare event, evaluate why it is happening and develop a plan to prevent additional missed doses. Refer back to October article for suggestions to improve compliance. Past articles are easily found within the Parish Health Ministry section of the church's website along with much more information to assist you in your wellness journey!

Submitted by Vicky Shelton, D.Ph.

HARP

HEARING AID CHANGES THE GAME

Growing up, I always had ear infections — three to four a month — since I was six months old. These ear infections would eventually cause me to have hearing loss. In 8th grade, I first noticed that I was missing key words in class and when talking with family and friends. My parents then took me to see an ENT who confirmed my hearing loss. My hearing loss continued to decline to the point that I realized that I was missing too much. And that would cause a big issue with being able to finish college.

Hearing aids looked like just a dream that would never be able to come true. My insurance does not cover hearing aids, so I made it my job to save for them. One day this summer, my grandparents told me about the hearing aid exchange program (HARP) through Church Street. I applied and was accepted. I found the whole process very easy.

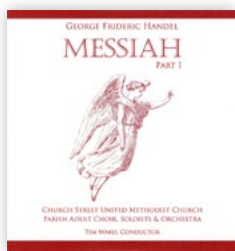
I received my hearing aids a few weeks ago. I did have to pay a small fee and I decided to purchase a Uni-Dex unit, which allows my hearing aids to connect by Bluetooth to multiple devices. This will greatly improve my college experience. This whole experience was a gift from God. Without the HARP program at Church Street, I would've never gotten this opportunity. I now I hear everything, and this has made my life so much better. Thank you to the HARP program.

- Maddy Ford, College Member



CELEBRATE THE SEASON WITH CHURCH STREET MUSIC

Because there is no live choral music available for this Advent/Christmas season, the music department is releasing a CD recording of the 2018 Master Arts performance of Part 1 of MESSIAH, presented by the Parish Adult Choir, Orchestra, & Soloists, and recorded live in performance on December 18, 2018 in the Church Street nave. The CD is available for \$15 (shipped, \$20). All proceeds will benefit the Beacon of Hope Food Co-op for our friends in South Knoxville. The music department will underwrite all production costs.



If you would like the church to ship your CDs, please add \$5 for postage and handling for a total of \$20. Payment: Mail a check to CSUMC at CSUMC, P.O. Box 1303, Knoxville, TN 37901 or pay online at churchstreetumc.org/give.

TABLE GRACES VOLUME II



This little booklet was compiled for use in our Christian homes, as we endeavor to nurture our children, and indeed, our entire families in the regular practice of table prayer. Designed to be folded and placed on the dining table, it is hoped that family members will take turns selecting a blessing to be offered at least once daily. The cost is \$10 payable to CSUMC Spiritual Enrichment Fund.

Advent Studies

Christmas Through the Eyes of Joseph: An Advent Study with Open Door Class - Beginning on Sunday, November 22, at 9 am on Zoom, Rev. Rick Isbell will lead a 5-week Advent study entitled *Faithful*. The study looks at Christmas through the eyes of Joseph. Written by the Rev. Adam Hamilton the study reflects on Joseph from his beginnings as a humble carpenter to his all important role as the earthly father of Jesus. Joseph is sometimes overlooked in the Nativity story but his courageous actions were crucial to the birth of Jesus and God's salvation plan for humanity.

- + Through the study, Adam Hamilton seeks to answer some basic questions:
- + What can we learn about God from Joseph's story?
- + What can we learn about ourselves from Joseph's story, and
- + How does Joseph shed light on the meaning of the Christmas story?

Please join the Open Door class on Sunday mornings at 9 am beginning Nov. 22. The book *Faithful* can be ordered through Cokesbury.com or Amazon. Zoom link: <http://bit.ly/opendoorclass20> (PW: 937401)

Young Adults Advent Study - Beginning on Wednesday, December 2, at 7 pm, young adults (20s and 30s) are invited to the home of Rev. Palmer Cantler and her husband Brent Gregory to join in a study of *Names for the Messiah* by theologian and scholar Walter Bruggemann. The study will take place on Wednesdays in Advent, through December 23. There will be an in-person opportunity and a Zoom link for those who wish to join virtually. If you would like to participate, please email Rev. Palmer Cantler: pcantler@churchstreetumc.org. The book may be purchased through Cokesbury.

Pastors Advent Study - Beginning Wednesday, December 2, at 7 pm, you are invited to join our pastors for an Old Testament lectionary study for Advent. The study will take place as a webinar format, very similar to the Summer Lecture Series, with times for questions throughout the study each week. Because Advent is a busy season, we will record these sessions and upload them to our YouTube channel and website so you can watch them later if 7 pm on Wednesdays is not a convenient time.

I'm Still Here Study - Advent is a time of expectation and seeing with new eyes. *I'm Still Here* is an excellent book for those who feel they are beginners in the racism conversation. Austin Channing Brown's book is a personal story that helps us understand seeing things from a different perspective. Leaders include Rev. Andy Ferguson and others. Sundays via Zoom at 4 pm on November 29, December 6, 13, and 20. It is widely available wherever books are sold.

CHILDREN'S ADVENT ACTIVITIES

This Advent will be different, but we are going to make sure it is still a special time for families to celebrate the birth of Christ.

Advent Craft Festival

We cannot have a large gathering for our annual Advent Craft Festival, but we still have 12 crafts for your family to do together. Each craft will have all the supplies bagged together and step-by-step instructions. If you volunteer to help pack Thanksgiving baskets you will pick up your craft box then; otherwise, a drive-by pick up will be **Saturday, November 21 9:30-2 at the Welcome Center.**

Advent Wreath

One of the ways the church celebrates Advent is by lighting our Advent wreath at each service. If your family does not have an Advent wreath, we are providing them for families to be able to participate in lighting the wreath at your house each Sunday. We will provide the ring and the candles. *Sign up for a craft box or a wreath by scanning the QR code above - SIGN UP BY NOV. 15.*

